

**INFORMATION FOR SAME DAY SURGERY PATIENTS  
FOR SURGERY AT KIMBROUGH AMBULATORY CARE CENTER**

Welcome to Same Day Surgery. Along with the instructions you receive prior to your surgery, on MEDDAC (Ft Meade) Form 648, the following guidelines will help make your short stay with us safe and comfortable.

1. If you requested a sedative, you will receive the medication when you arrive at the Same Day Surgery unit, or about 30 minutes before your surgery begins, depending on the type of medication ordered for you. Children will be given a sedative to drink, mixed with juice.
2. Once you receive a sedative, you will be asked to stay in bed with the siderails up for your safety.
3. Just before you are taken to the operating room, you will be asked to empty your bladder.
4. You will be transported to the operating room on a gurney. Since visitors are not allowed in the operating room, family members are welcome to use the lounge near the entrance to the Same Day Surgery unit. One parent may accompany a child to the operating room.
5. When you arrive in the operating room, you will be greeted by your anesthesia provider and operating room nurse, who will answer any remaining questions you may have about the surgery or anesthetic. An intravenous (IV) catheter will then be placed. the IV is used to give the anesthetic and or sedation. Younger children may be given an anesthetic by mask before the IV catheter is placed.
6. You will be observed in the Post-anesthesia Care Unit (PACU) for at least 30 minutes after the surgery. Your vital signs will be taken every few minutes. You will be asked to deep breathe and cough to keep your lungs clear while you are waking up.
7. No visitors are allowed in the PACU, except the parent of a child who has had surgery. Once you arrive in the PACU, the surgeon will usually go to the waiting room to tell your family and or visitors how you are doing.
8. When you return to the Same Day Surgery unit from the PACU, you will be given clear liquids to drink. If you are free from nausea, the IV will then be removed.
9. If you have pain after your surgery, do not hesitate to request pain medication. These medications are less effective if you wait until the pain becomes severe.
10. Anesthetics may affect your sense of balance for a short time. Please ask for assistance when you get out of bed the first time after surgery.
11. You will receive a handout with important information about your recovery at home. The nursing staff will discuss this information with you and schedule your follow up appointment before you leave the facility.
12. If you have any questions or concerns, please feel free to ask the nursing staff at any time during your stay with us.

5. Statement of understanding

\_\_\_\_\_ has discussed the above instructions with me to my satisfaction. I understand that if I do not comply with these instructions my surgery may be cancelled.

Signature of patient, parent or guardian: \_\_\_\_\_ Date: \_\_\_\_\_

PATIENT'S IDENTIFICATION (For typed or written entries give: Name--last, first, middle; grade; date; hospital or medical facility)

**MEDDAC (Ft Meade) Form 649**

1 Jan 02

Previous edition may be used until supply is exhausted